

Military Certification

Mr. Tom Evans - Workforce Management Division



U.S. ARMY ACQUISITION SUPPORT CENTER

**Human Resources
Summit**

ADPASS, Suicide Prevention, Post Deployment

Mr. Robert Hewitt



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POST DEPLOYMENT HEALTH REASSESSMENT PROGRAM (PDHRA)

- The Post-Deployment Health Reassessment (PDHRA) is a comprehensive health screening that examines for physical and behavioral health concerns associated with deployment.
- It is conducted 90-180 days post-deployment. Conducting the PDHRA within this window is critical as research indicates that this is when symptoms of issues may appear.
- The PDHRA is a required screening for all who deployed OCONUS for 30 days or more with non-fixed Military Treatment Facility (MTF) (IAW DODI 6490.03). It must be completed regardless of your location, upcoming separation (ETS) or retirement within the prescribed window.
- The PDHRA is private and confidential. You will know when your PDHRA is complete your AKO stoplight is **GREEN**.

POST DEPLOYMENT HEALTH REASSESSMENT PROGRAM (PDHRA) cont.

- The PDHRA consists of three components:
- **Resilience Training**
- Resilience Training is one of the Army's mandatory training programs as outlined in AR 350-1. It is a Unit Commander's responsibility just like other mandatory training programs, such as physical fitness training, substance abuse program training and prevention of sexual harassment training.
- Only unit-level qualified trainers—Master Resilience Trainers—can conduct the training.
- **DD Form 2900**
- The DD Form 2900 is a series of questions that will help guide the discussion with the health care provider.
- Access to the DD Form can be found through AKO, and it may be filled out online at <https://medpros.mods.army.mil/mwde/secure/AKOForms.asp>.
- Your PDHRA is not complete until you speak with a Health Care Provider
- All Soldiers and Department of the Army (DA) Civilians who served in a combat zone should take this important health screening. Serving in combat situations places stress on your body and mind unlike ever before and you may have unseen issues that need to be addressed in a timely manner. The following are required to complete the PDHRA: Active duty, Army Reserve, Army National Guard, Individual ready Reserve, DA Civilians.

POST DEPLOYMENT HEALTH REASSESSMENT PROGRAM (PDHRA) cont.

- **Discussion with your health care provider**
- The discussion with the health care provider can take place either at on-site events, a MTF, a Yellow Ribbon event, a call center event or via phone.
- The PDHRA is confidential, so candid answers will not impact promotability or security clearance.

ARMY DISASTER PERSONEL ACCOUNTABILITY AND ASSESSMENT SYSTEM (ADPAAS)

- ADPAAS) standardizes a method for the Army to account, manage, and monitor the recovery process for personnel and their families affected and/or scattered by a wide-spread catastrophic event. The ADPAAS provides valuable information to all levels of the Army chain of command, allowing commanders to make strategic decisions which facilitate a return to stability.
- ADPAAS allows Active Duty Military, all Reservists, National Guards, DA Civilians, NAF Employees, OCONUS Contractors and their Families to account or update your information.
- <https://adpaas.army.mil> Choose left button Army.

ARMY SUICIDE PREVENTION PROGRAMS AND SUSTAINMENT TRAINING

- The Shoulder to Shoulder I will never quit on Life Video (Military & Civilian) Leaders are authorized and encouraged to use these videos for their Suicide Prevention Phase III Sustainment Training or any other appropriate resources to meet this training requirement.
- <http://www.armyg1.army.mil/hr/suicide/default.asp>
- USAASC Suicide Prevention Program Manager
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